



# REDEMPTORISTS LIMERICK

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Tel. 061 31 50 99

**20th & 21th March 2026 - 5th Sunday of Lent**

## MASS TIMES & INFORMATION

### Weekdays

Monday - Friday

8am , 10am & 7.15pm

### Weekend Masses

Saturday

10am & 7:15pm (Sunday Vigil)

### Sundays

8am 12noon & 7:15pm

10am Ukranian Divine

Liturgy

St. Gerards Novena is celebrated every Wednesday

Our Lady of Perpetual Help Novena celebrated on Saturdays at 10am & 7:15pm

Monastery Shop & Office Monday - Saturday 9am - 5pm

Confession/Priest on duty Monday - Saturday 11:00am -12:30pm

Our Car Park is closed each weekday 8 to 9.30am and 2 to 3.30pm

Thank you for your generosity, last weeks collection was €2645

USE YOUR CAMERA PHONE TO DONATE ONLINE



## BAPTISED AND SENT IN LENT

Fifth Sunday of Lent



New Life in Christ



Join us immediately after 7.15pm Mass on Sunday in the Confraternity Room

## Safeguarding Sunday 2026

The Redemptorists in Ireland have designated the 5th Sunday of Lent each year as its annual Safeguarding Sunday. It is an opportunity for us to renew our commitment to ensuring that we are doing all in our power to create a safeguarding environment throughout Ireland. We can never let our guard down when it comes to safeguarding. We all have a role to play and a sacred responsibility in helping to create this environment where children involved in our ministries or who attend our churches, can develop and be safe. I take this opportunity of thanking all of you who work with us and help us in this effort.

Fr. Brendan O'Rourke C.Ss.R. Provincial

## Monastery Garden - Clean Up

A Big Thank you to everyone who participated in our garden clean up last Saturday. It was a huge success, we had team of 30 volunteers from different communities and backgrounds who worked very hard.

We managed to tidy our community graveyard, trim alot of small trees and shrubs, power wash all the garden footpaths, weed flower beds and rake all the leaves.




*Walking in the footsteps of St Alphonsus Liguori & St Gerard Majella*

31st August - 6th September 2026

€1445 per person sharing  
Single rooms are limited with a supplement of €495

Based at the Hotel Caravel, in Sorrento, half board.

Flight departing from Dublin airport.

Spiritual Director: Fr Brian Nolan CSsR

To book your place email: [msasacisty@cssr.ie](mailto:msasacisty@cssr.ie)

Highlights will include:

Walking tour of Naples, the birthplace of St Alphonsus Liguori  
Visit to the Scala, the foundation village of the Congregation  
Visit to the shrine and burial place of St Gerard Majella  
Visit to the shrine and burial place of St Alphonsus Liguori



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## **Grow Mental Health**

Grow Mental Health- Friendly Community based peer support groups for anyone experiencing mental health issue through 12 Step Program of connection, hope, identity by empowering people to nurture their positive wellbeing by supporting personal growth through education and self-teaching. Contact Celia 086-1526966/Www.grow.ie

## **Aware Support Group**

We're here for you today. If you are experiencing depression, bipolar disorder, anxiety or related mood conditions, or are concerned about a loved one, we can offer you a safe and accepting space to receive support, compassion and guidance. All our support service are offered free of charge. Every Tuesday at 7.00pm Room G10, Foundation Building in Mary Immaculate College, South Circular Rd. Limerick

## **Redemptorist Pilgrimage 2026**

A great pilgrimage opportunity to walk in the footsteps of the Founding Fathers of the Redemptorist Congregation St Alphonsus Liguori and St Gerard Majella. Dates 31st August - 6th September 2026 Cost €1445 per person sharing Half Board limited single rooms available €495 supplement. Departing T2 Dublin Airport, for more information email: msasacristy@cssr.ie Spaces are limited so early booking is advised. Spiritual Director Fr Brian Nolan CSsR.