



Contacts and support

Ireland

Towards Healing is a free, confidential helpline and counselling referral service, which is a Catholic Church response to abuse by clergy and religious in Ireland.

Phone: 1800 303416 or 08001026172 (United Kingdom)

Email: info@towardshealing.ie

Website: [Home - Towards Healing](#)

Towards Peace provides spiritual support for survivors of abuse by Catholic Church personnel in Ireland

Phone: + 353 (0) 1 5053028

Mobile: + 353 (0) 86 7710533

Email: towardspeace@iecon.ie

Website: www.towardspeace.ie

If you have any safeguarding concerns, you may also contact:

Safeguarding Manager: Ms Cleo Yates

Phone: + 353 (0) 873553024

Email: dlp@cssr.ie

Tusla contacts

<https://www.tusla.ie/get-in-touch/duty-social-work-teams/>

Garda Contact.

Free phone 1800 555 222 or your local Garda Station.

<https://www.garda.ie/en/about-us/organised-serious-crime/garda-national-protective-services-bureau-gnpsb-/sexual-crime-child-abuse/>

<https://www.garda.ie/garda/en/about-us/organised-serious-crime/garda-national-protective-services-bureau-gnpsb-/sexual-crime-child-abuse/an-garda-siochana-sexual-crime-child-abuse-leaflet.pdf>

The National Board for Safeguarding Children in the Catholic Church

www.safeguarding.ie

Disclosing abuse can be a significant milestone on the road to possible recovery. There are a number of organisations that specialise in working with complainants.

Many of these are listed below.

- The Child and Family Agency – Tusla: www.tusla.ie
- AnGarda Síochána: www.garda.ie
- ISPCC: www.ispcc.ie
- Barnardos: www.barnardos.ie
- HSE National Counselling Service: National Counselling Service
- Rape Crisis Network of Ireland: www.rcni.ie
- Children at Risk in Ireland (CARI): www.cari.ie

- One in Four: www.oneinfour.ie
- Connect: www.connectcounselling.ie
- Childline (ROI): 1800 666666

Northern Ireland

- Social Services: www.dhsspsni.gov.uk
- The PSNI: www.psni.police.uk
- One in Four: www.oneinfour.org.uk
- The Nexus Institute: www.nexusinstitute.org
- The Samaritans: www.samaritans.org
- The Rowan Sexual Assault Referral Centre: www.therowan.net
- Lifeline: www.lifelinehelpline.info
- NSPCC: www.nspcc.org.uk
- Barnardos: www.barnardos.org.uk
- ChildLine (NI): 0800 1111 • CARI: 1890 924567