

**REDEMPTORISTS,
MOUNT ST, ALPHONSUS, LIMERICK.**

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website: www.novena.ie or www.redemptoristslimerick.ie

6th & 7th February - Fifth Sunday in Ordinary Time

NORMAL SERVICES

Sunday Masses:

(Vigil at 7.15pm)

8am & 12 Noon, 7.15pm.

Weekday Masses:

**8am (exc. Sat & Bank Holidays), 10am,
7.15pm.**

Mother of Perpetual Help Novena:

Every Saturday at 10am & 7.15pm

St. Gerard Majella Novena:

Every Wednesday

at 10am & 7.15pm.

(Nine day novena 8th -16th October)

Confessions:

**Every Wednesday & Saturday, in church,
at 9.30am & 6.45pm.**

(Confessions end when Mass begins)

**Also Saturday from 3pm to 4pm in the
church.**

**Priest Available at Front Office,
Monday to Friday, 11am to 12.30pm
& 3pm to 5pm.**

Front Office - Monastery Shop:

**Open Monday to Saturday,
9am to 8.00pm.**

Sunday

Before and After 12pm & 7.15pm Mass

Thank you for your generous

contributions to the weekly

Collection of €2124

Your generosity is greatly

Appreciated

All services in Mount
St. Alphonsus Church can be
seen and heard, live, at
www.redemptoristslimerick.ie

Also, find us on Facebook
Search for Reds Limerick!

Professional Counselling
available, contact Monastery
Office

***Create in me a pure
heart, O God,
and renew right
a spirit within me.***



Ash Wednesday

Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance and reflection, which prepares us for the great Feast of Easter and the Resurrection. Masses in this church on Wednesday will be at 8am, 10am, and 7.15pm.

Distribution of ashes will take place during each Mass.

Munster Rally for Life

The first ever Munster Rally for Life will take place on Saturday February 27th, assembling on The Grand Parade, Cork at 2pm. Join us to protect mothers & save babies from abortion. See www.munsterrallyforlife.com.

Tel: 085 8555095.

Desert Days

Two desert Days will take place in Westbourne Convent, Ashbourne Avenue, Limerick on Saturday February 20th and Saturday March 19th from 10.15 to 5.30. The days will give you an opportunity to take a break from your busy schedule during the season of Lent in a calm and peaceful environment. There will be time for quiet prayer and reflection and will conclude with the Eucharist. Booking is essential as places are limited. For information contact: Sr. Phyllis Moynihan at 0879636893 or email: phymoy@yahoo.co.uk

Aware

Aware Depression Support Group meets: Limerick – Wednesdays at 8pm, Redemptorist Community, South Circular Road, Limerick Aware Support Groups are free to attend, no referral necessary. www.aware.ie

Church Gate Collection

St. Vincent De Paul is holding their monthly church gate collection at all Masses this weekend.

Growing Faith – Prayer

Would you like to learn more about your faith as part of a six week reflection group on the new *Irish Catholic Catechism for Adults*. During six Wednesdays in Lent we will be reflecting on the last part of the *Catechism* on Prayer and will be exploring questions like: What is prayer? Why is prayer important? What are the different ways of praying? What if I don't feel anything while praying? Venue: Newcastle West Parish Centre beginning Wednesday, February 10th 2016 (8.00pm to 9.30pm) Cost: € 5 per night. Please contact Lorraine (061-400133/069-61816) for more information and booking (Place must be booked). All are welcome.